

Recreation Club Catalog

May – August 2025





St. Coletta Recreation Club

Evolving Through Education * Exploration * Experience

The Recreation Program aims to improve its participants' physical, psychological, behavioral, and spiritual health, allowing them to experience a greater quality of life. We offer qualified instructors, individualized classes, and a curriculum emphasizing practical living and social and recreational skills.

Our Recreation Program is designed to provide individuals with various opportunities to participate in various activities. Joining the Recreation Program can enrich lives, increase skills for successful daily living, allow individuals to meet new people, and give individuals opportunities to have fun!

Our Mission

Inspired by the Franciscan Values of compassion, dignity and respect, we support persons with developmental and other challenges to achieve their highest quality of life, personal growth and spiritual awareness.

Our Vision

St. Coletta of Wisconsin will be the premier provider of support services for adults with developmental disabilities and other challenges throughout their lifespan. Through dynamic partnerships, exceptional customer service, a demonstrated commitment to quality and spirituality, we will work with persons receiving services to achieve their best life possible.



Registration begins March 17th

Events/Activities/Classes/Special Olympics are based on a 1:4 ratio. This helps provide the support/care and supervision needed while doing activities or in the community. If additional support is needed, less than 1:4- the participant must be accompanied by support staff or pay an additional fee.

Payment Information -----

Please sign up at stcolettarecreation.org

(if you cannot do so online, please e-mail or mail in your selections!)

Payments may be sent in via mail, e-mail, or by calling

Payments must be made before the activity/event



Mail in check and list of activities:

St. Coletta or WI

Recreation Department

N4637 County Rd Y

Jefferson, WI 53549

** Checks payable to St. Coletta of Wisconsin

** Please note the activity/event in the memo section



E-Mail: CKRipp@stcolettawi.org and recreationmanager@stcolettawi.org (please include us both, so I know the sign-up was sent). Include your payment information and list of activities



Call: Cheri Ripp- Billing accountant

920-674-8236

*We accept all major credit cards.

***If you would like to sign up for an activity and are unable to financially please see the request for sponsorship of event on the bottom of the department information*

Note: Payments are non-refundable

St. Coletta Recreation

Evolving through Education * Exploration * Experience

Health and Wellness/ Education/Cooking/Crafts/Dinner & Movie

SOFit



We will offer 4 different 3 week sessions of specific exercise classes. Join us for one or all four!

Each week you will participate in supportive fitness that is specifically designed for you. We will offer a variety of fitness opportunities that will include but not limited to:

- Cardio fitness, Chair Zumba, Stretching Techniques, Wii Bowling, Just Dance, Outdoor Sports and Games,

You will set goals to encourage healthy choices and promote physical activity/ exercise

Prog. #	<u>Just Dance</u>	<u>Location</u>	<u>Time</u>	<u>Fee</u>
HWECC02	<u>Date</u> Thursdays May 15 th , 22 nd , 29 th	St. Coletta N4637 County Road Y Jefferson, WI 53549 Excel Dining Area Recreation Room	2:30-4:00 pm	\$75
Prog. #	<u>Outdoor Games</u>	<u>Location</u>	<u>Time</u>	<u>Fee</u>
HWECC02	<u>Date</u> Thursdays: June 12 th , 19 th , 26 th	St. Coletta N4637 County Road Y Jefferson, WI 53549 Excel Dining Area Recreation Room	2:30-4:00 pm	\$75
Prog. #	<u>Wii Bowling</u>	<u>Location</u>	<u>Time</u>	<u>Fee</u>
HWECC02	<u>Date</u> Thursdays: July 17 th , 24 th , 31 st	St. Coletta N4637 County Road Y Jefferson, WI 53549 Excel Dining Area Recreation Room	2:30-4:00 pm	\$75
Prog. #	<u>Zumba/Chair Zumba</u>	<u>Location</u>	<u>Time</u>	<u>Fee</u>
HWECC02	<u>Date</u> Thursdays: August 14 th , 21 st , 28 th	St. Coletta N4637 County Road Y Jefferson, WI 53549 Excel Dining Area Recreation Room	2:30-4:00 pm	\$75

Simple Cooking

Join in exploring some healthy and simple recipes! Cooking is a great way to spend time with your friends and have fun.



- **May dinner: Chicken Fajitas, Corn, Pasta Salad, Red/Green Poke Cake**
- **June dinner: Stromboli, Chef Salad, Banana Split Cake, Party Punch**
- **July dinner: Meatball Parm Sliders, French Fries, Green Beans, Mini Strawberry Shortcakes, Shirley Temples**
- **August dinner: Big Mac Salad, Veggie Pizza, Fruit Pizza, Strawberry Punch**

<u>Prog. #</u>	<u>Date</u>	<u>Location</u>	<u>Time</u>	<u>Fee</u>
SC01	• Thursday, May 1st Chicken Fajitas, Corn, Pasta Salad, Red/Green Poke Cake 	St. Coletta N4637 County Road Y Jefferson, WI 53549 Kitchen in Excel	3:30-6 pm	\$70
SC01	• Thursday, June 5th Stromboli, Chef Salad, Banana Split Cake, Party Punch 	St. Coletta N4637 County Road Y Jefferson, WI 53549 Kitchen in Excel	3:30-6 pm	\$70
SC01	• Thursday, July 10th Meatball Parm Sliders, French Fries, Green Beans, Mini Strawberry Shortcakes, Shirley Temples 	St. Coletta N4637 County Road Y Jefferson, WI 53549 Kitchen in Excel	3:30-6 pm	\$70
SC01	• Thursday, August 7th Big Mac Salad, Veggie Pizza, Fruit Pizza, Strawberry Punch 	St. Coletta N4637 County Road Y Jefferson, WI 53549 Kitchen in Excel	3:30-6 pm	\$70

Express Yourself

Express yourself through art by creating craft projects to decorate your space or give it as a gift to your loved one!

- *May: Tie Dye T-Shirts*
- *June: Red/White/Blue Rice Candles*
- *July: Paint-N-Sip (3 canvas pictures & mocktails)*
- *August: American Flag Door decoration*



Prog. #	Tie-Dye Shirts	<u>Location</u>	<u>Time</u>	<u>Fee</u>
EY01	 <p><u>Date</u> Tuesday, May 20th</p>	St. Coletta N4637 County Road Y Jefferson, WI 53549 Golden Options Dining	2:30- 4:00pm	\$70 (2 Shirts each)
EY02	<p>Red/White/Blue Rice Candles</p>  <p><u>Date</u> Tuesday, June 17th</p>	<u>Location</u> St. Coletta N4637 County Road Y Jefferson, WI 53549 Golden Options Dining	2:30- 4:00pm	<u>Fee</u> \$70 (3 different size candles per person)
Prog. #	Paint-N-Sip	<u>Location</u>	<u>Time</u>	<u>Fee</u>
EY01	 <p><u>Date</u> Tuesday, July 15th</p>	St. Coletta N4637 County Road Y Jefferson, WI 53549 Golden Options Dining	2:30- 4:00pm	\$70 (3 different pictures to paint)
EY02	<p>American Flag Door Decoration</p>  <p><u>Date</u> Tuesday, August 19th</p>	<u>Location</u> St. Coletta N4637 County Road Y Jefferson, WI 53549 Golden Options Dining	2:30- 4:00pm	<u>Fee</u> \$70

Dinner and a Movie: Animal/Fantasy Theme

Have fun joining your friends in the Excel dining room for a different Disney Action/Adventure movie each month. We will make dinner themed to the movie of the month and enjoy watching the movie after.



- **May:** *Pigs in a Blanket, MooMoo Mac & Cheese, Fruit Tree Tray, Banana Pudding Parfaits, Jungle Juice*
- **June:** *Flying Saucers(Pizza), Star Gazing Salad, Moon Rockets(Cheese Curds), ET's Reeses Peanut Butter Bars*
- **July:** *Stadium Style Hot Dog/Chili Dogs, First Pitch French Fries, Foul Ball Fruit Salad, Bases Loaded Brownies*
- **August:** *Dragon Wings(boneless wings), Pete's Pretzle Bites W/Cheese, Dragons Eyes & Teeth (grapes & apples), Dragon Tails (croissant filled dessert)*

Prog. # OA05	<ul style="list-style-type: none"> • Dolittle  <p><u>Date</u> Friday, May 16th</p>	<u>Location</u> Excel Dining Room	<u>Time</u> 4:00-7:00p	<u>Fee</u> \$75 <i>(meal included)</i>
Prog. # OA05	<ul style="list-style-type: none"> • ET  <p><u>Date</u> Friday, June 20th</p>	<u>Location</u> Excel Dining Room	<u>Time</u> 4:00-7:00p	<u>Fee</u> \$75 <i>(meal included)</i>
Prog. # OA05	<ul style="list-style-type: none"> • Air Bud Seventh Inning Fetch  <p><u>Date</u> Friday, July 18th</p>	<u>Location</u> Excel Dining Room	<u>Time</u> 4:00-7:00p	<u>Fee</u> \$75 <i>(meal included)</i>
Prog. # OA05	<ul style="list-style-type: none"> • Pete's Dragon  <p><u>Date</u> Friday, August 15th</p>	<u>Location</u> Excel Dining Room	<u>Time</u> 4:00 -7:00p	<u>Fee</u> \$75 <i>(meal included)</i>

Armchair Travel

Armchair Travel takes you around the world without leaving the comfort of St. Coletta! It provides a sensory and learning opportunity about exotic lands and historical events in a meaningful manner.

Each month you will explore places like France, Ireland, Mexico, Spain, Different States or Destinations around the US



During each adventure you will get your passport punched, have a snack according to our travel location, learn about that area, participate in trivia and have group discussions.

Prog. #	Date	Location	Time	Fee
AC01	Second Tuesday of the month May 13 th June 10 th July 8th August 12 th	St. Coletta N4637 County Road Y Jefferson, WI 53549 Golden Options Dining area	2:30-4:00 pm	\$110

Out and About

Lake Country Dockhounds Baseball Game

Take me out to the ball game!! Join us for a great game in one of the private suites. Inside and outside seating available in the suite. We will enjoy an all you can eat buffet, drinks and of course a great baseball game!



Prog. #	Date	Location	Time	Fee
OA06	Sunday, August 10 th	Wisconsin Brewing Company Park Oconomowoc, WI	11:30am – 5pm (Game is at 6:35pm)	\$160 <i>(meal included)</i>

Weekend Getaway – The Great Escape Chalet



Spend the weekend away at the Spring Brook Resort. We will be spending the weekend in a house that sleeps 20! We will explore the Dells and some of the attractions, such as the Ducks, Timbavati Wildlife Park, Sneaky Pete's Wild West Show, and breakfast at Paul Bunyan's Cook Shanty. We will have an indoor pool, personal fire pit to cook smores and indoor theatre in our house (if the weather is not so friendly). We will try some different restaurants and have a full weekend of fun!

- ***Individuals signing up will need to be able to walk long distances & climb stairs.***
- ***Individuals will need to be able to sleep through the night without awake staff.***
- ***Individuals must be able to independently use the restroom if needed throughout the night.***

<u>og. #</u>	<u>Date</u>	<u>Location</u>	<u>Time</u>	<u>Fee</u>
OA06	Friday, May 30 th – Sunday June 1st	The Great Escape Chalet @ Spring Brook Resort 242 Lake Shore Dr WI Dells, WI	Friday 12pm – Sunday 2pm	\$1300 <i>(Includes everything for the weekend: All meals from Fri dinner – Sun breakfast, snacks, drinks, all attractions/activities)</i>

Special Olympics

Registration will take place with each sport at the beginning of the sports season

Special Olympics is the world's largest sports organization for children and adults with intellectual and physical disabilities, providing year-round activities. St. Coletta is excited to offer six different sports throughout the year.

****Bocce Ball, Golf, Bowling, Track & Field, Basketball Team, Basketball Skills**

***Practices will be held between the hours of 8 am- 3:30 pm and are free**

***There will be a fee associated with each competition and or tournament. This will cover the cost of staffing, transportation, registration fees, food and over night room stays (when needed)**

A discount is offered for competitions or tournaments if families want to take their loved ones and/or volunteer for the event (more information on this at the time of registration).

Special Olympics Bocce Ball

Who's ready for bocce ball? Come join the fun with your friends and form a team of 4 or 5. We will practice during the day to get ready for the upcoming competitions this summer.

- Bocce Ball – We will practice at the Jefferson Mail Campus on Mondays and/or Tuesdays from 9am – 11:15am. We will have a scrimmage against another agency in June or July before the regional tournament in August.
- *There will be an additional fee if any team advances to the State Tournament in September in Wisconsin Dells.*

Prog. #	<u>Bocce Ball</u>	<u>Location</u>	<u>Time</u>	<u>Fee</u>
	Date: May - September Practice – Mondays and/or Tuesdays at the Jefferson Main Campus track area	Jefferson Main Campus	9 – 11:15am	\$135 <i>(Includes a Scrimmage in June or July & Regional tournament in August, including lunch)</i>



St. Coletta Recreation

If you are unable to use the computer for sign-up, please make your selection here and send in with payment. You may also email or call with selection and payment.

Name (First & Last): _____ Home: _____

Select Activity	Activity	Date	Time	Fee
	<u>Fun and Fit:</u> Just Dance	Thursdays: May 15 th , 22 nd , 29 th	2:30 - 4:00 pm	\$75
	<u>Fun and Fit:</u> Outdoor Games	Thursdays: June 12 th , 19 th , 26 th	2:30 - 4:00 pm	\$75
	<u>Fun and Fit:</u> Wii Bowling	Thursdays: July 17 th , 24 th , 31 st	2:30 - 4:00 pm	\$75
	<u>Fun and Fit:</u> Zumba/Chair Zumba	Thursdays: August 14 th , 21 st , 28 th	2:30 - 4:00 pm	\$75
	Arm Chair Travel	Second Tuesday of the month May 13 th June 10 th July 8 th August 12 th	2:30 - 4:00 pm	\$110
	Dockhounds Baseball Game	Sunday, August 10 th	11 am – 5:30pm	\$160 (meal included)
	<u>Simple Cooking:</u> Chicken Fajitas, Corn, Pasta Salad, Red/Green Poke Cake	Thursday, May 1 st	3:30 - 6 pm	\$70
	<u>Simple Cooking:</u> Stromboli, Chef Salad, Banana Split Cake, Party Punch	Thursday, June 5 th	3:30 – 6pm	\$70

	<u>Simple Cooking:</u> Meatball Parm Sliders, French Fries, Gr Beans, Mini Strawberry Shortcakes, Shirley Temples	Thursday, July 10 th	3:30 - 6 pm	\$70
	<u>Simple Cooking:</u> Big Mac Salad, Veggie Pizza, Fruit Pizza, Strawberry Punch	Thursday, August 7 th	3:30 – 6pm	\$70
	<u>Express Yourself:</u> Tie Dye T-Shirts	Tuesday, May 20 th (2 Shirts per person)	2:30 - 4:00pm	\$70
	<u>Express Yourself:</u> Red/White/Blue Rice Candles	Tuesday, June 17 th (3 different sizes per person)	2:30 - 4:00pm	\$70
	<u>Express Yourself:</u> Paint-N-Sip	Tuesday, July 15 th (3 paintings per person, different sizes)	2:30 - 4:00pm	\$70
	<u>Express Yourself:</u> American Flag Door Decoration	Tuesday, August 19 th	2:30 - 4:00pm	\$70
	<u>Dinner & a Movie:</u> Dolittle	Friday, May 16 th	4:00p – 7:00pm	\$75
	<u>Dinner & a Movie:</u> ET	Friday, June 20 th	4:00p – 7:00pm	\$75
	<u>Dinner & a Movie:</u> Air Bud Seventh Inning Fetch	Friday, July 18 th	4:00p -7:00pm	\$75
	<u>Dinner & a Movie:</u> Pete’s Dragon	Friday, August 15 th	4:00p – 7:00pm	\$75
	WI Dells Weekend Getaway	Friday, May 30- Sunday, June 1st	Friday Noon – 2pm Sunday	\$1300
	Special Olympics Bocce Ball	Scrimmage against another agency TBD before the Regional Tournament. Regional Tournament: TBD (Sometime in the beginning of August)	8:00am – 3:00pm	\$135 (Lunch included @ regional tournament)

Thank You!

We welcome volunteers for events, activities and Special Olympics, Best Buddies, and residential support (cooking, games, companionship)!

Donations are always welcome to help cover some of the cost of the staffing, supplies and activities/outings.

If you are interested, please contact me @
Amy Eicksteadt
920-674-8242/ recreationmanager@stcolettawi.org

Information will also be located on the Recreation website:
Stcolettarecreation.org



Make new friends or just spend time with old friends!!